

CORNERSTONE

CLASSICAL ACADEMY

September Lunch Menu

Allergens are listed for each item. We cook with liquid margarine (soy) in most recipes and our fried rice contains soy.



Week	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Sept. 7 Labor Day NO SCHOOL	Sept. 8 Taco Tuesday – 2 Beef Tacos, Spanish Rice & Black Beans or Salad Bar Ham & Cheese Sub, Chips, Side Salad or Fruit	Sept. 9 Chicken Potstickers w/Fried Rice, Fortune Cookie, Fruit Crispy Chicken Sandwich w/Fries, Fruit	Sept. 10 Chicken Tenders w/Fries, Fruit Chicken Tenders, Mac n' Cheese, Fruit	Sept. 11 Cheese, Pepperoni or Specialty Pizza, Salad Bar, Fruit Cheeseburger w/French Fries, Side Salad or Fruit
Week 2	Sept. 14 Crispy Chicken Bao Buns w/Fried Rice, Asian Slaw or Salad Bar Chicken Nuggets w/Fries, Fruit	Sept. 15 Arroz con Pollo, Refried Beans, Fruit or Salad Bar Chicken Caprese Sandwich, Chips, Side Salad or Fruit	Sept. 16 Breakfast for Lunch - Scrambled Eggs, Pancakes & Breakfast Potatoes, Fruit Chicken Caesar Wrap, Chips, Side Salad or Fruit	Sept. 17 Spaghetti w/Meat Sauce, Garlic Breadstick, Salad Bar Bacon Cheeseburger w/Fries, Fruit	Sept. 18 Cheese, Pepperoni or Specialty Pizza, Salad Bar, Fruit Chicken Sandwich w/French Fries, Side Salad or Fruit
Week 3	Sept. 21 BBQ Chicken Drumstick, Baked Red Potatoes or Salad Bar Hot Dog w/Fries, Fruit	Sept. 22 Beef Nachos, Topping Bar, Fruit BBQ Chicken, Potato Salad, Fruit or Salad Bar	Sept. 23 Cheese Pierogies w/Herb-Roasted Chicken, Steamed Broccoli, Fruit Turkey & Cheese Sub, Chips, Side Salad or Fruit	Sept. 24 Cheddarwurst on Bun, Potato Salad, Fruit Chili Dog, Fries, Fruit	Sept. 25 Cheese, Pepperoni or Specialty Pizza, Salad Bar, Fruit Cheeseburger w/French Fries, Side Salad or Fruit
Week 4	Sept. 28 Teriyaki Chicken over Rice, Asian Veggies or Salad Bar Korean BBQ Chicken w/Fries, Fruit	Sept. 29 Sloppy Joe Sammy w/Smothered Mashed Potatoes & Green Beans Corn Dogs, Mashed Potatoes & Gravy, Side Salad or Fruit	Sept. 30 Chicken Quesadillas w/Mexican Rice & Beans Philly Cheesesteak Sandwich w/Fries, Side Salad or Fruit	Oct. 1 Beef Bulgogi over Rice, Broccoli or Salad Bar Turkey & Cheese Sub, Chips, Side Salad or Fruit	Oct. 2 Cheese, Pepperoni or Specialty Pizza, Salad Bar, Fruit Chicken Sandwich w/French Fries, Side Salad or Fruit



Milk
Milk, cheese,
butter



Eggs



Wheat/Gluten
Bread, pasta, flour,
breaded items



Soy
Soy sauce, soybeans,
margarine



Sesame
May be present in
some items

*Pizza crust may contain egg.

Please inform us of any food allergies. Menu items may contain or come into contact with common allergens.

Nourishing minds. Building futures.

